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### <u>Tot Hockey</u> Arctic Ice Arena



Date:\_\_\_\_\_

Parent's Name:\_\_\_\_\_

Address:\_\_\_\_\_

City, State, Zip:\_\_\_\_\_

Home Phone:\_\_\_\_\_

Cell Phone:\_\_\_\_\_

Child's Name:\_\_\_\_\_

Date of Birth:\_\_\_\_\_

Day of the Class:\_\_\_\_\_

Cost of the Class:\_\_\_\_\_

Payment: Cash \$\_\_\_\_\_

Check #\_\_\_\_\_



# 2018 Summer Session

Wednesday June 13th - August 8th

Saturday June 16th - August 11th

Sunday June 17th - August 12th

#### NO CLASS JULY 4TH, 7TH, 8TH

For More Information Call Chris Cimoch 708.403.4231 - Ext.138



Arctic Ice Arena 10700 West 160th Street Orland Park, IL 60467

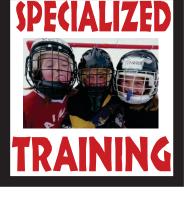


## Class Schedule: TOT HOCKEY 8 WEEKS

<u>\*WEDNESDAY\*</u> CLASS AVAILABLE AT: 5:30pm Classes Run June 13th - August 8th (NO CLASS JULY 4TH)

#### \*SATURDAY\*

CLASS AVAILABLE AT: 10:30am Classes Run June 16th - August 11th (NO CLASS JULY 7TH)



#### <u>\*SUNDAY\*</u>

CLASS AVAILABLE AT: 10:30am Classes Run June 17th - August 12th (NO CLASS JULY 8TH)

## For more information call Chris Cimoch at 708.403.4231 x138

# Description

Arctic Icemen "Tot Hockey" Classes Instruction starts at the very beginning helping to build the child's confidence and teaches the student the basic skating skills of: balance, one- and two-foot glides, forward swizzles, forward pushing, backwards wiggles and swizzles, two-foot turns, walking sideways and two-foot snow plow stops. The students then continues on to forward strides, forward crossovers, one-foot snow plow

strides, forward crossovers, one-foot show plow stops, and backward c-cuts. The basics of puck control, passing, and receiving will also be introduced. Each class will be divided by the player's skill.

Equipment Requirements: USA Hockey-approved helmet with face mask, hockey stick, protective hockey gloves, elbow pads, knee/shin guards, hockey skates, shoulder pads, hockey pants, athletic cup.

Each class meets 30 minutes per week. The sessions last 8 weeks and the cost of the class is \$70